

**Monthly Contribution Rates
For The LACERA Group
Medical Insurance Plans and
Group Dental/Vision Plans**

L//CERA

Effective July 1, 2009

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County Contribution

The County contributes an amount equal to a percentage of your health care plan premium or the benchmark Anthem Blue Cross I, Anthem Blue Cross II indemnity medical plans, and the CIGNA indemnity dental/vision plan, whichever is less.

- For members with 10 years of retirement service credit, the County contributes 40% of your health care plan premium or 40% of the benchmark plan rate (Anthem Blue Cross Plans I and II for medical and CIGNA for dental/vision), whichever is less.
- For each year of retirement service credit beyond 10 years, the County contributes an additional 4% per year of your health care plan premium or 4% of the benchmark plan rate (Anthem Blue Cross Plans I and II for medical and CIGNA for dental/vision), whichever is less, up to a maximum of 100% for a member with 25 years of service credit.

Anthem Blue Cross I

Rates Effective July 1, 2009

Years of Service	Retiree Only	Retiree and Spouse	Retiree, Spouse, and Children	Retiree and Children
Deduction Code	(211)	(212)	(213)	(214)
Less than 10*	\$ 849.06	\$1,532.19	\$1,807.66	\$ 1,123.97
10 to 11*	\$ 509.44	\$ 919.31	\$ 1,084.60	\$ 674.38
11 to 12*	\$ 475.47	\$ 858.03	\$ 1,012.29	\$ 629.42
12 to 13*	\$ 441.51	\$ 796.74	\$ 939.98	\$ 584.46
13 to 14	\$ 407.55	\$ 735.45	\$ 867.68	\$ 539.51
14 to 15	\$ 373.59	\$ 674.16	\$ 795.37	\$ 494.55
15 to 16	\$ 339.62	\$ 612.88	\$ 723.06	\$ 449.59
16 to 17	\$ 305.66	\$ 551.59	\$ 650.76	\$ 404.63
17 to 18	\$ 271.70	\$ 490.30	\$ 578.45	\$ 359.67
18 to 19	\$ 237.74	\$ 429.01	\$ 506.14	\$ 314.71
19 to 20	\$ 203.77	\$ 367.73	\$ 433.84	\$ 269.75
20 to 21	\$ 169.81	\$ 306.44	\$ 361.53	\$ 224.79
21 to 22	\$ 135.85	\$ 245.15	\$ 289.23	\$ 179.84
22 to 23	\$ 101.89	\$ 183.86	\$ 216.92	\$ 134.88
23 to 24	\$ 67.92	\$ 122.58	\$ 144.61	\$ 89.92
24 to 25	\$ 33.96	\$ 61.29	\$ 72.31	\$ 44.96
25 or more	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
Service-Connected Disability Retirement				
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:				
	\$ 424.53	\$ 766.10	\$ 903.83	\$ 561.99
COBRA	\$ 866.04	\$ 1,562.83	\$ 1,843.81	\$ 1,146.44

Anthem Blue Cross II

Rates Effective July 1, 2009

Years of Service	Retiree Only	Retiree and Spouse	Retiree, Spouse, and Children	Retiree and Children
Deduction Code	(221)	(222)	(223)	(224)
Less than 10*	\$ 849.06	\$1,532.19	\$ 1,807.66	\$1,123.97
10 to 11*	\$ 509.44	\$ 919.31	\$ 1,084.60	\$ 674.38
11 to 12*	\$ 475.47	\$ 858.03	\$ 1,012.29	\$ 629.42
12 to 13*	\$ 441.51	\$ 796.74	\$ 939.98	\$ 584.46
13 to 14	\$ 407.55	\$ 735.45	\$ 867.68	\$ 539.51
14 to 15	\$ 373.59	\$ 674.16	\$ 795.37	\$ 494.55
15 to 16	\$ 339.62	\$ 612.88	\$ 723.06	\$ 449.59
16 to 17	\$ 305.66	\$ 551.59	\$ 650.76	\$ 404.63
17 to 18	\$ 271.70	\$ 490.30	\$ 578.45	\$ 359.67
18 to 19	\$ 237.74	\$ 429.01	\$ 506.14	\$ 314.71
19 to 20	\$ 203.77	\$ 367.73	\$ 433.84	\$ 269.75
20 to 21	\$ 169.81	\$ 306.44	\$ 361.53	\$ 224.79
21 to 22	\$ 135.85	\$ 245.15	\$ 289.23	\$ 179.84
22 to 23	\$ 101.89	\$ 183.86	\$ 216.92	\$ 134.88
23 to 24	\$ 67.92	\$ 122.58	\$ 144.61	\$ 89.92
24 to 25	\$ 33.96	\$ 61.29	\$ 72.31	\$ 44.96
25 or more	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
Service-Connected Disability Retirement				
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:				
	\$ 424.53	\$ 766.10	\$ 903.83	\$ 561.99
COBRA	\$ 866.04	\$ 1,562.83	\$ 1,843.81	\$ 1,146.44

Anthem Blue Cross Prudent Buyer Plan

Rates Effective July 1, 2009

Years of Service	Retiree Only	Retiree and Spouse	Retiree, Spouse, and Children	Retiree and Children
Deduction Code	(201)	(202)	(203)	(204)
Less than 10*	\$ 522.74	\$1,029.50	\$ 1,161.98	\$ 672.17
10 to 11*	\$ 313.64	\$ 617.70	\$ 697.19	\$ 403.30
11 to 12*	\$ 292.73	\$ 576.52	\$ 650.71	\$ 376.42
12 to 13*	\$ 271.82	\$ 535.34	\$ 604.23	\$ 349.53
13 to 14	\$ 250.92	\$ 494.16	\$ 557.75	\$ 322.64
14 to 15	\$ 230.01	\$ 452.98	\$ 511.27	\$ 295.75
15 to 16	\$ 209.10	\$ 411.80	\$ 464.79	\$ 268.87
16 to 17	\$ 188.19	\$ 370.62	\$ 418.31	\$ 241.98
17 to 18	\$ 167.28	\$ 329.44	\$ 371.83	\$ 215.09
18 to 19	\$ 146.37	\$ 288.26	\$ 325.35	\$ 188.21
19 to 20	\$ 125.46	\$ 247.08	\$ 278.88	\$ 161.32
20 to 21	\$ 104.55	\$ 205.90	\$ 232.40	\$ 134.43
21 to 22	\$ 83.64	\$ 164.72	\$ 185.92	\$ 107.55
22 to 23	\$ 62.73	\$ 123.54	\$ 139.44	\$ 80.66
23 to 24	\$ 41.82	\$ 82.36	\$ 92.96	\$ 53.77
24 to 25	\$ 20.91	\$ 41.18	\$ 46.48	\$ 26.89
25 or more	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
Service-Connected Disability Retirement				
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:				
	\$ 261.37	\$ 514.75	\$ 580.99	\$ 336.09
COBRA	\$ 533.19	\$ 1,050.09	\$ 1,185.21	\$ 685.61

Anthem Blue Cross III (Medicare Supplement Plan)

Rates Effective July 1, 2009

Years of Service	Retiree Only with Medicare	Retiree and Spouse – 1 with Medicare ^{1†}	Retiree and Spouse – 1 with Medicare ^{2†}	Retiree and Spouse – Both with Medicare
Deduction Code	(240)	(241)	(242)	(243)
Less than 10*	\$ 309.69	\$ 992.87	\$ 992.87	\$ 617.61
10 to 11*	\$ 185.81	\$ 595.72	\$ 595.72	\$ 370.57
11 to 12*	\$ 173.43	\$ 556.01	\$ 556.01	\$ 345.86
12 to 13*	\$ 161.04	\$ 516.29	\$ 516.29	\$ 321.16
13 to 14	\$ 148.65	\$ 476.58	\$ 476.58	\$ 296.45
14 to 15	\$ 136.26	\$ 436.86	\$ 436.86	\$ 271.75
15 to 16	\$ 123.88	\$ 397.15	\$ 397.15	\$ 247.04
16 to 17	\$ 111.49	\$ 357.43	\$ 357.43	\$ 222.34
17 to 18	\$ 99.10	\$ 317.72	\$ 317.72	\$ 197.64
18 to 19	\$ 86.71	\$ 278.00	\$ 278.00	\$ 172.93
19 to 20	\$ 74.33	\$ 238.29	\$ 238.29	\$ 148.23
20 to 21	\$ 61.94	\$ 198.57	\$ 198.57	\$ 123.52
21 to 22	\$ 49.55	\$ 158.86	\$ 158.86	\$ 98.82
22 to 23	\$ 37.16	\$ 119.14	\$ 119.14	\$ 74.11
23 to 24	\$ 24.78	\$ 79.43	\$ 79.43	\$ 49.41
24 to 25	\$ 12.39	\$ 39.71	\$ 39.71	\$ 24.70
25 or more	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
Service-Connected Disability Retirement				
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:				
	\$ 154.85	\$ 496.44	\$ 496.44	\$ 308.81
COBRA	\$ 315.88	\$ 1,012.72	\$ 1,012.72	\$ 629.96

†Notes

- | | |
|--|---|
| (1) Non-Medicare has Anthem Blue Cross I | (5) Non-Medicare has Anthem Blue Cross I |
| (2) Non-Medicare has Anthem Blue Cross II | (6) Non-Medicare has Anthem Blue Cross II |
| (3) Retiree has Medicare; Children have Anthem Blue Cross I | (7) Children have Anthem Blue Cross I |
| (4) Retiree has Medicare; Children have Anthem Blue Cross II | (8) Children have Anthem Blue Cross II |

Retiree and Children ^{3†}	Retiree and Children ^{4†}	Retiree, Spouse, and Children – 1 with Medicare ^{5†}	Retiree, Spouse, and Children – 1 with Medicare ^{6†}	Retiree, Spouse, and Children – 2 with Medicare ^{7†}	Retiree, Spouse, and Children – 2 with Medicare ^{8†}
(244)	(245)	(246)	(247)	(248)	(249)
\$555.51	\$555.51	\$ 1,238.61	\$ 1,238.61	\$ 863.31	\$ 863.31
\$ 333.31	\$ 333.31	\$ 743.17	\$ 743.17	\$ 517.99	\$ 517.99
\$ 311.09	\$ 311.09	\$ 693.62	\$ 693.62	\$ 483.45	\$ 483.45
\$ 288.87	\$ 288.87	\$ 644.08	\$ 644.08	\$ 448.92	\$ 448.92
\$ 266.64	\$ 266.64	\$ 594.53	\$ 594.53	\$ 414.39	\$ 414.39
\$ 244.42	\$ 244.42	\$ 544.99	\$ 544.99	\$ 379.86	\$ 379.86
\$ 222.20	\$ 222.20	\$ 495.44	\$ 495.44	\$ 345.32	\$ 345.32
\$ 199.98	\$ 199.98	\$ 445.90	\$ 445.90	\$ 310.79	\$ 310.79
\$ 177.76	\$ 177.76	\$ 396.36	\$ 396.36	\$ 276.26	\$ 276.26
\$ 155.54	\$ 155.54	\$ 346.81	\$ 346.81	\$ 241.73	\$ 241.73
\$ 133.32	\$ 133.32	\$ 297.27	\$ 297.27	\$ 207.19	\$ 207.19
\$ 111.10	\$ 111.10	\$ 247.72	\$ 247.72	\$ 172.66	\$ 172.66
\$ 88.88	\$ 88.88	\$ 198.18	\$ 198.18	\$ 138.13	\$ 138.13
\$ 66.66	\$ 66.66	\$ 148.63	\$ 148.63	\$ 103.60	\$ 103.60
\$ 44.44	\$ 44.44	\$ 99.09	\$ 99.09	\$ 69.06	\$ 69.06
\$ 22.22	\$ 22.22	\$ 49.54	\$ 49.54	\$ 34.53	\$ 34.53
\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
\$ 277.76	\$ 277.76	\$ 619.31	\$ 619.31	\$ 431.66	\$ 431.66
\$ 566.62	\$ 566.62	\$ 1,263.38	\$ 1,263.38	\$ 880.57	\$ 880.57

CIGNA Network Model Plan

Rates Effective July 1, 2009

Years of Service	Retiree Only	Retiree and Spouse	Retiree, Spouse, and Children	Retiree and Children
Deduction Code	(301)	(302)	(303)	(304)
Less than 10*	\$ 864.10	\$1,560.87	\$ 1,843.48	\$ 1,147.04
10 to 11*	\$ 524.48	\$ 947.99	\$ 1,120.42	\$ 697.45
11 to 12*	\$ 490.51	\$ 886.71	\$ 1,048.11	\$ 652.49
12 to 13*	\$ 456.55	\$ 825.42	\$ 975.80	\$ 607.53
13 to 14	\$ 422.59	\$ 764.13	\$ 903.50	\$ 562.58
14 to 15	\$ 388.63	\$ 702.84	\$ 831.19	\$ 517.62
15 to 16	\$ 354.66	\$ 641.56	\$ 758.88	\$ 472.66
16 to 17	\$ 320.70	\$ 580.27	\$ 686.58	\$ 427.70
17 to 18	\$ 286.74	\$ 518.98	\$ 614.27	\$ 382.74
18 to 19	\$ 252.78	\$ 457.69	\$ 541.96	\$ 337.78
19 to 20	\$ 218.81	\$ 396.41	\$ 469.66	\$ 292.82
20 to 21	\$ 184.85	\$ 335.12	\$ 397.35	\$ 247.86
21 to 22	\$ 150.89	\$ 273.83	\$ 325.05	\$ 202.91
22 to 23	\$ 116.93	\$ 212.54	\$ 252.74	\$ 157.95
23 to 24	\$ 82.96	\$ 151.26	\$ 180.43	\$ 112.99
24 to 25	\$ 49.00	\$ 89.97	\$ 108.13	\$ 68.03
25 or more	\$ 15.04	\$ 28.68	\$ 35.82	\$ 23.07
Service-Connected Disability Retirement				
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:				
	\$ 439.57	\$ 794.78	\$ 939.65	\$ 585.06
COBRA	\$ 881.38	\$ 1,592.08	\$ 1,880.34	\$ 1,169.98

SCAN Health Plan

Retirees and eligible dependents enrolled in Medicare Parts A and B only
Rates Effective July 1, 2009

Years of Service	Retiree Only with SCAN	Retiree and 1 Dependent – Both with SCAN [†]
Deduction Code	(611)	(613)
Less than 10*	\$ 193.03	\$ 383.06
10 to 11*	\$ 115.82	\$ 229.84
11 to 12*	\$ 108.10	\$ 214.51
12 to 13*	\$ 100.38	\$ 199.19
13 to 14	\$ 92.65	\$ 183.87
14 to 15	\$ 84.93	\$ 168.55
15 to 16	\$ 77.21	\$ 153.22
16 to 17	\$ 69.49	\$ 137.90
17 to 18	\$ 61.77	\$ 122.58
18 to 19	\$ 54.05	\$ 107.26
19 to 20	\$ 46.33	\$ 91.93
20 to 21	\$ 38.61	\$ 76.61
21 to 22	\$ 30.88	\$ 61.29
22 to 23	\$ 23.16	\$ 45.97
23 to 24	\$ 15.44	\$ 30.64
24 to 25	\$ 7.72	\$ 15.32
25 or more	\$ 0.00	\$ 0.00
Service-Connected Disability Retirement		
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:		
	\$ 96.52	\$ 191.53
COBRA	\$ 196.89	\$ 390.72

†Notes

(1) Retiree and 1 Dependent = Retiree and Spouse/Domestic Partner OR Retiree and 1 Child. Both retiree and eligible dependents must be enrolled in Medicare Parts A and B

PacifiCare

For retirees and dependents under age 65 (no Medicare)
Rates Effective July 1, 2009

Years of Service	Retiree Only	Retiree and 1 Dependent	Retiree and 2 or More Dependents
Deduction Code	(707)	(708)	(709)
Less than 10*	\$ 833.76	\$1,523.30	\$ 1,805.76
10 to 11*	\$ 500.26	\$ 913.98	\$ 1,083.46
11 to 12*	\$ 466.91	\$ 853.05	\$ 1,011.23
12 to 13*	\$ 433.56	\$ 792.12	\$ 939.00
13 to 14	\$ 400.20	\$ 731.18	\$ 866.76
14 to 15	\$ 366.85	\$ 670.25	\$ 794.53
15 to 16	\$ 333.50	\$ 609.32	\$ 722.30
16 to 17	\$ 300.15	\$ 548.39	\$ 650.07
17 to 18	\$ 266.80	\$ 487.46	\$ 577.84
18 to 19	\$ 233.45	\$ 426.52	\$ 505.61
19 to 20	\$ 200.10	\$ 365.59	\$ 433.38
20 to 21	\$ 166.75	\$ 304.66	\$ 361.15
21 to 22	\$ 133.40	\$ 243.73	\$ 288.92
22 to 23	\$ 100.05	\$ 182.80	\$ 216.69
23 to 24	\$ 66.70	\$ 121.86	\$ 144.46
24 to 25	\$ 33.35	\$ 60.93	\$ 72.23
25 or more	\$ 0.00	\$ 0.00	\$ 0.00
Service-Connected Disability Retirement			
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:			
	\$ 416.88	\$ 761.65	\$ 902.88
COBRA	\$ 850.43	\$ 1,553.76	\$ 1,841.87

Secure Horizons/PacifiCare

For both retirees and eligible dependents who are enrolled in Secure Horizons, or a family combination of Secure Horizons/PacifiCare
Rates Effective July 1, 2009

Years of Service	Retiree Only with Secure Horizons	Retiree and 1 Dependent – 1 with Secure Horizons ^{1†}	Retiree and 1 Dependent – Both with Secure Horizons ^{1†}	Retiree and 2 or More Dependents – 1 with Secure Horizons ^{2†}	Retiree and 2 or More Dependents – 2 with Secure Horizons ^{2†}
Deduction Code	(701)	(702)	(703)	(704)	(705)
Less than 10*	\$ 294.63	\$ 1,125.39	\$ 586.26	\$ 1,266.63	\$ 727.50
10 to 11*	\$ 176.78	\$ 675.23	\$ 351.76	\$ 759.98	\$ 436.50
11 to 12*	\$ 164.99	\$ 630.22	\$ 328.31	\$ 709.31	\$ 407.40
12 to 13*	\$ 153.21	\$ 585.20	\$ 304.86	\$ 658.65	\$ 378.30
13 to 14	\$ 141.42	\$ 540.19	\$ 281.40	\$ 607.98	\$ 349.20
14 to 15	\$ 129.64	\$ 495.17	\$ 257.95	\$ 557.32	\$ 320.10
15 to 16	\$ 117.85	\$ 450.16	\$ 234.50	\$ 506.65	\$ 291.00
16 to 17	\$ 106.07	\$ 405.14	\$ 211.05	\$ 455.99	\$ 261.90
17 to 18	\$ 94.28	\$ 360.12	\$ 187.60	\$ 405.32	\$ 232.80
18 to 19	\$ 82.50	\$ 315.11	\$ 164.15	\$ 354.66	\$ 203.70
19 to 20	\$ 70.71	\$ 270.09	\$ 140.70	\$ 303.99	\$ 174.60
20 to 21	\$ 58.93	\$ 225.08	\$ 117.25	\$ 253.33	\$ 145.50
21 to 22	\$ 47.14	\$ 180.06	\$ 93.80	\$ 202.66	\$ 116.40
22 to 23	\$ 35.36	\$ 135.05	\$ 70.35	\$ 152.00	\$ 87.30
23 to 24	\$ 23.57	\$ 90.03	\$ 46.90	\$ 101.33	\$ 58.20
24 to 25	\$ 11.79	\$ 45.02	\$ 23.45	\$ 50.67	\$ 29.10
25 or more	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
Service-Connected Disability Retirement					
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:					
	\$ 147.32	\$ 562.70	\$ 293.13	\$ 633.32	\$ 363.75
COBRA	\$ 300.52	\$ 1,147.89	\$ 597.98	\$ 1,291.96	\$ 742.05

†Notes

- (1) Retiree and 1 Dependent = Retiree and Spouse/Domestic Partner OR Retiree and 1 Child
(2) Retiree and 2 or More Dependents = Retiree, Spouse/Domestic Partner and 1 or More Children
OR Retiree and 2 or More Children

Kaiser Permanente/Kaiser Senior Advantage for California Residents

Rates Effective July 1, 2009

Years of Service	Retiree Only					
	(401)	(402)	(403)	(404)	(405)	(406)
Under 10*	\$657.69	\$722.37	\$ 213.42	\$ 836.55	\$ 701.67	\$ 1,169.15
10 to 11*	\$ 394.61	\$ 433.42	\$ 128.05	\$ 501.93	\$ 421.00	\$ 829.53
11 to 12*	\$ 368.31	\$ 404.53	\$ 119.52	\$ 468.47	\$ 392.94	\$ 795.56
12 to 13*	\$ 342.00	\$ 375.63	\$ 110.98	\$ 435.01	\$ 364.87	\$ 761.60
13 to 14	\$ 315.69	\$ 346.74	\$ 102.44	\$ 401.54	\$ 336.80	\$ 727.64
14 to 15	\$ 289.38	\$ 317.84	\$ 93.90	\$ 368.08	\$ 308.73	\$ 693.68
15 to 16	\$ 263.08	\$ 288.95	\$ 85.37	\$ 334.62	\$ 280.67	\$ 659.71
16 to 17	\$ 236.77	\$ 260.05	\$ 76.83	\$ 301.16	\$ 252.60	\$ 625.75
17 to 18	\$ 210.46	\$ 231.16	\$ 68.29	\$ 267.70	\$ 224.53	\$ 591.79
18 to 19	\$ 184.15	\$ 202.26	\$ 59.76	\$ 234.23	\$ 196.47	\$ 557.83
19 to 20	\$ 157.85	\$ 173.37	\$ 51.22	\$ 200.77	\$ 168.40	\$ 523.86
20 to 21	\$ 131.54	\$ 144.47	\$ 42.68	\$ 167.31	\$ 140.33	\$ 489.90
21 to 22	\$ 105.23	\$ 115.58	\$ 34.15	\$ 133.85	\$ 112.27	\$ 455.94
22 to 23	\$ 78.92	\$ 86.68	\$ 25.61	\$ 100.39	\$ 84.20	\$ 421.98
23 to 24	\$ 52.62	\$ 57.79	\$ 17.07	\$ 66.92	\$ 56.13	\$ 388.01
24 to 25	\$ 26.31	\$ 28.89	\$ 8.54	\$ 33.46	\$ 28.07	\$ 354.05
25 or more	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 320.09
Service-Connected Disability Retirement						
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:						
	\$ 328.85	\$ 361.19	\$ 106.71	\$ 418.28	\$ 350.84	\$ 744.62
COBRA	\$ 670.84	\$ 736.81	\$ 217.68	\$ 853.28	\$ 715.70	\$ 1,192.53

Rate Categories and Deduction Codes

401 - Basic	411 - All family members are "Basic"
402 - Supplement	412 - One family member is "Supplement"; others are "Basic"
403 - Senior Advantage	413 - One family member is "Senior Advantage"; others are "Basic"
404 - Excess I	414 - One family member is "Excess I"; others are "Basic"
405 - Excess II	415 - Two or more family members are "Supplement"
406 - Excess III	416 - One family member is "Senior Advantage"; others are "Supplement"
	417 - One family member is "Excess I"; others are "Supplement"
	418 - Two or more family members are "Senior Advantage"

Retiree and Family

(411)	(412)	(413)	(414)	(415)	(416)	(417)	(418)
\$1,312.38	\$1,377.06	\$868.11	\$1,491.24	\$1,441.74	\$932.79	\$1,555.92	\$423.84
\$ 787.43	\$ 826.24	\$ 520.87	\$ 894.74	\$ 865.04	\$ 559.67	\$ 933.55	\$ 254.30
\$ 734.93	\$ 771.15	\$ 486.14	\$ 835.09	\$ 807.37	\$ 522.36	\$ 871.32	\$ 237.35
\$ 682.44	\$ 716.07	\$ 451.42	\$ 775.44	\$ 749.70	\$ 485.05	\$ 809.08	\$ 220.40
\$ 629.94	\$ 660.99	\$ 416.69	\$ 715.80	\$ 692.04	\$ 447.74	\$ 746.84	\$ 203.44
\$ 577.45	\$ 605.91	\$ 381.97	\$ 656.15	\$ 634.37	\$ 410.43	\$ 684.60	\$ 186.49
\$ 524.95	\$ 550.82	\$ 347.24	\$ 596.50	\$ 576.70	\$ 373.12	\$ 622.37	\$ 169.54
\$ 472.46	\$ 495.74	\$ 312.52	\$ 536.85	\$ 519.03	\$ 335.80	\$ 560.13	\$ 152.58
\$ 419.96	\$ 440.66	\$ 277.80	\$ 477.20	\$ 461.36	\$ 298.49	\$ 497.89	\$ 135.63
\$ 367.47	\$ 385.58	\$ 243.07	\$ 417.55	\$ 403.69	\$ 261.18	\$ 435.66	\$ 118.68
\$ 314.97	\$ 330.49	\$ 208.35	\$ 357.90	\$ 346.02	\$ 223.87	\$ 373.42	\$ 101.72
\$ 262.48	\$ 275.41	\$ 173.62	\$ 298.25	\$ 288.35	\$ 186.56	\$ 311.18	\$ 84.77
\$ 209.98	\$ 220.33	\$ 138.90	\$ 238.60	\$ 230.68	\$ 149.25	\$ 248.95	\$ 67.81
\$ 157.49	\$ 165.25	\$ 104.17	\$ 178.95	\$ 173.01	\$ 111.93	\$ 186.71	\$ 50.86
\$ 104.99	\$ 110.16	\$ 69.45	\$ 119.30	\$ 115.34	\$ 74.62	\$ 124.47	\$ 33.91
\$ 52.50	\$ 55.08	\$ 34.72	\$ 59.65	\$ 57.67	\$ 37.31	\$ 62.24	\$ 16.95
\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
\$ 656.19	\$ 688.53	\$ 434.06	\$ 745.62	\$ 720.87	\$ 466.40	\$ 777.96	\$ 211.92
\$1,338.62	\$1,404.60	\$885.47	\$1,521.06	\$1,470.57	\$951.44	\$1,587.03	\$432.31

Definitions

Basic

("Basic") includes those who are under age 65.

Medicare Cost ("Supplement")

- ("Supplement") includes people who have both Medicare Parts A and B, who were enrolled in Kaiser's Medicare supplement ("M" coverage) before July 1, 1987, and who chose to stay in that Kaiser arrangement.

- It is not open to new enrollments.

- People who have left it cannot return to it.

("Senior Advantage")

- Includes participants who are age 65 or older and who have assigned both Medicare Parts A and B to Kaiser.

Excess I

- ("Excess I") is for participants who have Medicare Part A only.

Excess II

- ("Excess II") is for participants in the Excess Plan who either have Medicare Part B only or are not eligible for Medicare.

Excess III

- ("Excess III") is for participants in the Excess Plan who either have Medicare Parts A and B and have not assigned their Medicare benefits to Kaiser or have not provided their Medicare status to LACERA.

Kaiser Permanente/Kaiser Senior Advantage for California Residents

Rates Effective July 1, 2009

Years of Service	Retiree and Family					
	Deduction Code (419)	(420)	(422)	(423)	(424)	(425)
Less than 10*	\$1,046.97	\$1,670.10	\$1,356.36	\$1,823.84	\$1,421.04	\$1,888.52
10 to 11*	\$ 628.18	\$ 1,002.06	\$ 813.82	\$ 1,100.78	\$ 852.62	\$ 1,165.46
11 to 12*	\$ 586.30	\$ 935.26	\$ 759.56	\$ 1,028.47	\$ 795.78	\$ 1,093.15
12 to 13*	\$ 544.42	\$ 868.45	\$ 705.31	\$ 956.16	\$ 738.94	\$ 1,020.84
13 to 14	\$ 502.55	\$ 801.65	\$ 651.05	\$ 883.86	\$ 682.10	\$ 948.54
14 to 15	\$ 460.67	\$ 734.84	\$ 596.80	\$ 811.55	\$ 625.26	\$ 876.23
15 to 16	\$ 418.79	\$ 668.04	\$ 542.54	\$ 739.24	\$ 568.42	\$ 803.92
16 to 17	\$ 376.91	\$ 601.24	\$ 488.29	\$ 666.94	\$ 511.57	\$ 731.62
17 to 18	\$ 335.03	\$ 534.43	\$ 434.04	\$ 594.63	\$ 454.73	\$ 659.31
18 to 19	\$ 293.15	\$ 467.63	\$ 379.78	\$ 522.32	\$ 397.89	\$ 587.00
19 to 20	\$ 251.27	\$ 400.82	\$ 325.53	\$ 450.02	\$ 341.05	\$ 514.70
20 to 21	\$ 209.39	\$ 334.02	\$ 271.27	\$ 377.71	\$ 284.21	\$ 442.39
21 to 22	\$ 167.52	\$ 267.22	\$ 217.02	\$ 305.41	\$ 227.37	\$ 370.09
22 to 23	\$ 125.64	\$ 200.41	\$ 162.76	\$ 233.10	\$ 170.52	\$ 297.78
23 to 24	\$ 83.76	\$ 133.61	\$ 108.51	\$ 160.79	\$ 113.68	\$ 225.47
24 to 25	\$ 41.88	\$ 66.80	\$ 54.25	\$ 88.49	\$ 56.84	\$ 153.17
25 or more	\$ 0.00	\$ 0.00	\$ 0.00	\$ 16.18	\$ 0.00	\$ 80.86
Service-Connected Disability Retirement						
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:						
	\$ 523.49	\$ 835.05	\$ 678.18	\$ 920.01	\$ 710.52	\$ 984.69
COBRA	\$ 1,067.90	\$ 1,703.50	\$ 1,383.48	\$ 1,860.31	\$ 1,449.46	\$ 1,926.29

Rate Categories and Deduction Codes

- 419 - One family member is "Excess I"; others are "Senior Advantage"
- 420 - Two or more family members are "Excess I"
- 422 - One family member is "Excess II"; others are "Basic"
- 423 - One family member is "Excess III"; others are "Basic"
- 424 - One family member is "Supplement"; others are "Excess II"
- 425 - One family member is "Supplement"; others are "Excess III"
- 426 - One family member is "Senior Advantage"; others are "Excess II"
- 427 - One family member is "Senior Advantage"; others are "Excess III"
- 428 - One family member is "Excess I"; others are "Excess II"
- 429 - One family member is "Excess I"; others are "Excess III"
- 430 - Two or more family members are "Excess II"
- 431 - One family member is "Excess II"; others are "Excess III"
- 432 - Two or more family members are "Excess III"

Retiree and Family

(426)	(427)	(428)	(429)	(430)	(431)	(432)
\$ 912.09	\$ 1,379.57	\$ 1,535.22	\$ 2,002.70	\$ 1,400.34	\$ 1,867.82	\$ 2,335.30
\$ 547.25	\$ 827.74	\$ 921.13	\$ 1,279.64	\$ 840.20	\$ 1,144.76	\$ 1,612.24
\$ 510.77	\$ 772.56	\$ 859.72	\$ 1,207.33	\$ 784.19	\$ 1,072.45	\$ 1,539.93
\$ 474.29	\$ 717.38	\$ 798.31	\$ 1,135.02	\$ 728.18	\$ 1,000.14	\$ 1,467.62
\$ 437.80	\$ 662.19	\$ 736.91	\$ 1,062.72	\$ 672.16	\$ 927.84	\$ 1,395.32
\$ 401.32	\$ 607.01	\$ 675.50	\$ 990.41	\$ 616.15	\$ 855.53	\$ 1,323.01
\$ 364.84	\$ 551.83	\$ 614.09	\$ 918.10	\$ 560.14	\$ 783.22	\$ 1,250.70
\$ 328.35	\$ 496.65	\$ 552.68	\$ 845.80	\$ 504.12	\$ 710.92	\$ 1,178.40
\$ 291.87	\$ 441.46	\$ 491.27	\$ 773.49	\$ 448.11	\$ 638.61	\$ 1,106.09
\$ 255.39	\$ 386.28	\$ 429.86	\$ 701.18	\$ 392.10	\$ 566.30	\$ 1,033.78
\$ 218.90	\$ 331.10	\$ 368.45	\$ 628.88	\$ 336.08	\$ 494.00	\$ 961.48
\$ 182.42	\$ 275.91	\$ 307.04	\$ 556.57	\$ 280.07	\$ 421.69	\$ 889.17
\$ 145.93	\$ 220.73	\$ 245.64	\$ 484.27	\$ 224.05	\$ 349.39	\$ 816.87
\$ 109.45	\$ 165.55	\$ 184.23	\$ 411.96	\$ 168.04	\$ 277.08	\$ 744.56
\$ 72.97	\$ 110.37	\$ 122.82	\$ 339.65	\$ 112.03	\$ 204.77	\$ 672.25
\$ 36.48	\$ 55.18	\$ 61.41	\$ 267.35	\$ 56.01	\$ 132.47	\$ 599.95
\$ 0.00	\$ 0.00	\$ 0.00	\$ 195.04	\$ 0.00	\$ 60.16	\$ 527.64
\$ 456.05	\$ 689.79	\$ 767.61	\$ 1,098.87	\$ 700.17	\$ 963.99	\$ 1,431.47
\$ 930.33	\$ 1,407.16	\$ 1,565.92	\$ 2,042.75	\$ 1,428.34	\$ 1,905.17	\$ 2,382.00

Definitions

Basic

("Basic") includes those who are under age 65.

Medicare Cost ("Supplement")

- ("Supplement") includes people who have both Medicare Parts A and B, who were enrolled in Kaiser's Medicare supplement ("M" coverage) before July 1, 1987, and who chose to stay in that Kaiser arrangement.
- It is not open to new enrollments.
- People who have left it cannot return to it.

("Senior Advantage")

- Includes participants who are age 65 or older and who have assigned both Medicare Parts A and B to Kaiser.

Excess I

- ("Excess I") is for participants who have Medicare Part A only.

Excess II

- ("Excess II") is for participants in the Excess Plan who either have Medicare Part B only or are not eligible for Medicare.

Excess III

- ("Excess III") is for participants in the Excess Plan who either have Medicare Parts A and B and have not assigned their Medicare benefits to Kaiser or have not provided their Medicare status to LACERA.

CIGNA Dental HMO/Vision

Rates Effective July 1, 2009

Years of Service	Retiree Only	Retiree and Dependent(s)
Deduction Code	(901)	(902)
Less than 10*	\$ 33.90	\$ 72.99
10 to 11*	\$ 20.34	\$ 43.79
11 to 12*	\$ 18.98	\$ 40.87
12 to 13*	\$ 17.63	\$ 37.95
13 to 14	\$ 16.27	\$ 35.04
14 to 15	\$ 14.92	\$ 32.12
15 to 16	\$ 13.56	\$ 29.20
16 to 17	\$ 12.20	\$ 26.28
17 to 18	\$ 10.85	\$ 23.36
18 to 19	\$ 9.49	\$ 20.44
19 to 20	\$ 8.14	\$ 17.52
20 to 21	\$ 6.78	\$ 14.60
21 to 22	\$ 5.42	\$ 11.68
22 to 23	\$ 4.07	\$ 8.76
23 to 24	\$ 2.71	\$ 5.84
24 to 25	\$ 1.36	\$ 2.92
25 or more	\$ 0.00	\$ 0.00
Service-Connected Disability Retirement		
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:		
	\$ 16.95	\$ 36.50
COBRA	\$ 34.57	\$ 74.44

CIGNA Indemnity Dental/Vision

Rates Effective July 1, 2009

Years of Service	Retiree Only	Retiree and Dependent(s)
Deduction Code	(501)	(502)
Less than 10*	\$ 42.24	\$ 92.29
10 to 11*	\$ 25.34	\$ 55.37
11 to 12*	\$ 23.65	\$ 51.68
12 to 13*	\$ 21.96	\$ 47.99
13 to 14	\$ 20.28	\$ 44.30
14 to 15	\$ 18.59	\$ 40.61
15 to 16	\$ 16.90	\$ 36.92
16 to 17	\$ 15.21	\$ 33.22
17 to 18	\$ 13.52	\$ 29.53
18 to 19	\$ 11.83	\$ 25.84
19 to 20	\$ 10.14	\$ 22.15
20 to 21	\$ 8.45	\$ 18.46
21 to 22	\$ 6.76	\$ 14.77
22 to 23	\$ 5.07	\$ 11.07
23 to 24	\$ 3.38	\$ 7.38
24 to 25	\$ 1.69	\$ 3.69
25 or more	\$ 0.00	\$ 0.00
Service-Connected Disability Retirement		
* If you are on a service-connected disability retirement with less than 13 years of service, you pay:		
	\$ 21.12	\$ 46.15
COBRA	\$ 43.08	\$ 94.13

