



June 2017

Dear LACERA Member:

The 2017 – 2018 benefits plan year is almost here! This packet contains important information about your LACERA-administered retiree healthcare plans.

Enclosed, you'll find the following items:

- ***Retiree Healthcare Benefits Update*** — what's new for 2017 – 2018. Periodically, there are regulatory changes that require modifications to some of the benefits offered by your LACERA-administered health plans. This year, the changes are minimal. Please read the enclosed *Benefits Update* carefully to learn about these important changes. Please note, you do not have to take any action unless you want to make changes to your current LACERA-administered healthcare coverage.
- ***Retiree Healthcare Benefits Guide*** — an overview of the health plans available to you and important details about your LACERA-administered healthcare benefits.
- ***Tier 1 and Tier 2 Monthly Premium Rates Booklet*** — 2017 – 2018 monthly contribution rates for LACERA-administered health plans. (If you're enrolled in the Kaiser plan outside of California, you'll receive a separate mailing from LACERA.)

For the upcoming plan year, the premiums for LACERA-administered health plans are increasing by an average of 3.30%. The premium increase will vary by plan, so some members will experience a higher increase than average, while others will experience a lower increase. Please review the enclosed *Monthly Premium Rates Booklet* (effective July 1, 2017) for your new monthly contribution rates for 2017 – 2018.

- ***Notice of Creditable Coverage*** — an official statement that your LACERA-administered medical plan provides you with prescription drug coverage that's, on average, as good as or better than the coverage offered by the Medicare Part D model plan. As a participant in the LACERA-administered Retiree Healthcare Benefits Program, you should not enroll in non-LACERA Medicare Part D plans because all LACERA-administered plans offer prescription drug coverage that is equal to, or generally better than, that available through Medicare. **Enrolling in a non-LACERA Medicare Part D plan may jeopardize your LACERA medical plan.**

(please see reverse)

As you're learning about what's new for your health plans in the coming new plan year, it's also a good idea to see what health and wellness programs your health plans offer. All of the LACERA-administered health plans offer Disease Management Programs — these programs offer support for the management and prevention of many common medical conditions, such as hypertension, congestive heart failure, and diabetes. Remember, the care of your health is in *your* hands. LACERA-administered health plans offer you the tools to take control.

Through LACERA, you also have access to Staying Healthy Together, a series of health-related programs and workshops that provide information, tools, and resources to help you make healthy decisions in your life. Every six months, the program focuses on a new health-related topic. You can explore each topic by reading the “Staying Healthy Together” section of LACERA’s Spotlight newsletter and attending a Staying Healthy Together workshop with other retirees. Visit www.lacera.com/healthcare/StayingHealthyTogether to learn more and explore links to other health-related websites.

LACERA and the Board of Retirement will continue this year, as every year, to ensure cost-effective, high-quality, and comprehensive coverage for our retirees.

Sincerely,



Gregg Rademacher
Chief Executive Officer

Enclosures:

Retiree Healthcare Benefits Update

Retiree Healthcare Benefits Guide

Monthly Premium Rates Booklet

Notice of Creditable Coverage

