# Summary of Dental Benefits and Coverage Disclosure Matrix (SDBC)

### Part I: GENERAL INFORMATION

Insurer Name: Cigna Health and Life Insurance Company Plan Name: 3211348 DPPO

Policy Type: DPPO Insurer Phone #: 1-800-Cigna24
Effective Date: Beginning on or after 07/01/2023 Insurer Website: www.cigna.com

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND WHAT YOU WILL PAY FOR COVERED SERVICES. THIS IS A SUMMARY ONLY AND DOES NOT INCLUDE THE PREMIUM COSTS OF THIS DENTAL BENEFITS PACKAGE. PLEASE CONSULT YOUR EVIDENCE OF COVERAGE AND DENTAL CONTRACT FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS. FOR MORE INFORMATION ABOUT YOUR COVERAGE, VISIT THE INSURER WEBSITE AT www.cigna.com OR CALL 1-800-Cigna24.

THIS MATRIX IS NOT A GUARANTEE OF EXPENSES OR PAYMENT.

Part II: DEDUCTIBLES

Deductible	All Providers
Dental	Per individual - \$25 / Per family - \$50
Orthodontia	Not Covered

- The deductible applies to all services except preventive/diagnostic services.
- A **deductible** is the amount you are required to pay for covered dental services each policy year before the insurer begins to pay for the cost of covered dental treatment.
- **In-network services** are dental care services provided by dentists or other licensed dental care providers that contract with your insurer for alternative rates of payment for dental services.
- Out-of-network services are dental care services provided by dentists or other licensed dental care providers that have not contracted with your insurer for alternative rates of payment.

### Part III: MAXIMUMS POLICY WILL PAY

Maximums	All Providers
Annual Maximum	\$1,500
Lifetime Maximum for Orthodontia	Not Covered

- **Annual maximum** is the maximum dollar amount your policy will pay toward the cost of dental care within a specific period of time, usually a consecutive 12-month or calendar year period. Not all services accrue to the annual maximum.
- **Lifetime maximum** means the maximum dollar amount your policy providing dental benefits will pay for the life of the enrollee. Lifetime maximums usually apply to specific services, such as orthodontic treatment.

# **Part IV: WAITING PERIODS**

**Waiting Periods**: A waiting period is the amount of time that must pass before you are eligible to receive benefits for all or certain dental treatments. **There is no waiting period.** 

### Part V: WHAT YOU WILL PAY

All copayments and coinsurance costs shown in this chart apply after your deductible has been met, if a deductible applies. The Common Dental Procedures fit into one of the following applicable categories: Preventive & Diagnostic, Basic or Major. The Benefit Limitations and Exclusions column includes common limitations and exclusions only. For a full list, see the full disclosure document referenced in the Benefit Limitations and Exclusions column.

Common Dental Procedures	Category	All Providers	Benefit Limitations and Exclusions	
			For complete coverage details, exclusions and limitations, please see your Plan Certificate.	
Oral Exam	Preventive &	20%, deductible	Limited to two oral exams per year.	
	Diagnostic	does not apply		
Bitewing X-ray	Preventive &	20%, deductible	Limited to 2 sets per year.	
	Diagnostic	does not apply		
Cleaning	Preventive &	20%, deductible	Limited to 2 per year.	
	Diagnostic	does not apply		

Common Dental Procedures	Category	All Providers	Benefit Limitations and Exclusions  For complete coverage details, exclusions and limitations, please see your Plan Certificate.
Filling	Basic	20%	Not applicable
Extraction, Erupted Tooth or Exposed Root	Basic	20%	Not applicable
Root Canal	Basic	20%	Not applicable
Scaling and Root Planing	Basic	20%	Not applicable
Ceramic Crown	Basic	20%	Replacement is limited to 1 per tooth, per 60 consecutive months.
Removable Partial Denture	Major	50%	Replacement is limited to 1 partial denture per arch per 60 consecutive months.
Extraction, Erupted Tooth with Bone Removal	Basic	20%	Not applicable
Orthodontia	Orthodontia	Not Covered	Not Applicable

# Part VI: COVERAGE EXAMPLES

THESE EXAMPLES DO NOT REPRESENT A COST ESTIMATOR OR GUARANTEE OF PAYMENT. The examples provided represent commonly used services in the categories of Diagnostic and Preventive, Basic and Major Services for illustrative purposes and to compare this policy to other dental policies you may be considering. Your actual costs will likely be different from those shown in the chart below depending on the actual care you receive, the prices your providers charge and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and the summary of excluded services under the plan.

Dana Has a Dental Appointment with a New Dentist	Sam Needs a Tooth Filled	Maria Needs a Crown	
New patient exam, x-rays (FMX) and	Resin-based composite – one surface,	Crown – porcelain/ceramic substrate	
cleaning	posterior		

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
Total Cost of Care	In-network: \$400	Total Cost of Care	In-network: \$150	Total Cost of Care	In-network: \$1,300
	Out-of-network:		Out-of-network:		Out-of-network:
	\$550		\$200		\$1,750
Deductible	In-network: Not	Deductible	In-network: \$25	Deductible	In-network: \$25
	Applicable				
			Out-of-network:		Out-of-network:
	Out-of-network:		\$25		\$25
	Not Applicable				
Annual Maximum	In-network: \$1,500	Annual Maximum	In-network: \$1,500	Annual Maximum	In-network: \$1,500
(Plan Will Pay)		(Plan Will Pay)		(Plan Will Pay)	
	Out-of-network:		Out-of-network:		Out-of-network:
	\$1,500		\$1,500		\$1,500
Patient Cost	In-network: 20%	Patient Cost	In-network: 20%	Patient Cost	In-network: 50%
(copayment or		(copayment or		(copayment or	
coinsurance)	Out-of-network:	coinsurance)	Out-of-network:	coinsurance)	Out-of-network:
	20%		20%		50%
In this example,	In-network: \$80*	In this example,	In-network: \$50*	In this example,	In-network:
Dana would pay		Sam would pay		Maria would pay	\$662.50*
(includes	Out-of-network:	(includes	Out-of-network:	(includes	
copays/coinsurance	\$122.80*	copays/coinsurance	\$60*	copays/coinsurance	Out-of-network:
and deductible, if		and deductible, if		and deductible, if	\$912.50*
applicable):		applicable):		applicable):	

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
Summary of what is	Oral exams and	Summary of what is	The following may	Summary of what is	Crowns are limited
not covered or	cleanings are	not covered or	apply: if more than	not covered or	to replacement to 1
subject to a limitation:	limited to 2 per	subject to a limitation:	one covered	subject to a limitation:	per tooth, per 60
	calendar year. A		service will treat a		consecutive
	complete series of		dental condition,		months. The
	full mouth X-rays		payment is limited		following may
	are limited to 1 per		to the least costly		apply: if more than
	36 months.		service.		one covered
	*These Coverage		*These Coverage		service will treat a
	*These Coverage		Examples are		dental condition,
	Examples are based on a		based on a		payment is limited
	standard plan		standard plan		to the least costly service.
	which may not		which may not		
	reflect your		reflect your		*These Coverage
	coverages as		coverages as		Examples are
	described in		described in		based on a
	Sections I – V.		Sections I – V.		standard plan
	Please see the		Please see the		which may not
	applicable Plan		applicable Plan Certificate for		reflect your
	Certificate for		details. For out-of-		coverages as described in
	details. For out-of-		network benefits,		Sections I – V.
	network benefits,		you may be		Please see the
	you may be		charged the		applicable Plan
	charged the		difference between		Certificate for
	difference between		the amount Cigna		details. For out-of-
	the amount Cigna		reimburses for		network benefits,
	reimburses for		such services		you may be
	such services		under your specific		charged the
	under your specific		plan and the		difference between
	plan and the		amount charged by		the amount Cigna
	amount charged by		the dentist.		reimburses for
	the dentist.				such services
					under your specific
					plan and the

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
					amount charged by
					the dentist.