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# How to Complete Your Dental and Vision CANCELLATION Form – With SAMPLE

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Follow the instructions below and refer to the attached sample to help you fill out and submit your dental and vision cancellation form. Any missing information or documentation will cause a delay in processing your form. The sample provides detailed instructions for each of the different form sections.

## How to Complete Your Form

Fill in **all** the required areas, referring to the sample form. All dental/vision forms must be completed by the retiree, survivor, or guardian/conservator/attorney-in-fact.

If you have questions or need help with completing the form, call us at 800-786-6464.

## How to Submit Your Form

Your completed form must be **physically signed** (even if you complete the fillable PDF form). **No electronic signatures are accepted at this time.**

If the form is completed by a guardian or conservator, a legal document establishing guardianship, conservatorship, or power of attorney is required to be submitted along with the form.

## To submit your form and documentation:

- **Scan and upload** your forms to My LACERA via [lacera.com](http://lacera.com) (*recommended*). This is the fastest method of submission, and you will receive a confirmation of receipt. **OR**
- **Mail** your forms to LACERA, P.O. Box 7060 Pasadena, CA 91109-7060. **OR**
- **Fax** your forms to 626-564-6155. **OR**
- **Drop off** your forms in the secure drop-box outside our Member Service Center at 300 N. Lake, Pasadena, CA 91101.

Remember to keep a copy for your records.

LACERA treats your and your family's personal health information as confidential. We follow the applicable sections of HIPAA related to privacy and security of your protected health information. If you have any questions about the steps taken to secure your protected health information, please refer to the HIPAA policy posted on the LACERA website, [www.lacera.com](http://www.lacera.com).



Los Angeles County Employees Retirement Association  
PO Box 7060  
Pasadena, CA 91109-7060  
www.lacera.com

## DENTAL AND VISION PLAN

Please check one of the following boxes:

☐ New Enrollment ☐ Change **1** ☒ Cancellation 

(FOR LACERA USE ONLY)	EFFECTIVE DATE _____	Deduction Code
Retirement Date _____	Years of Service _____	Current D/V: _____
<input type="checkbox"/> SCD <input type="checkbox"/> Tier 1	Fax Date _____ Input Date _____	New D/V: _____
<input type="checkbox"/> NSCD <input type="checkbox"/> Tier 2 <input type="checkbox"/> PPA Initials	Form # _____ Initials _____	Premium D/V: \$ _____

- 1 Select the Cancellation box.  
Do not complete the gray section. (FOR LACERA USE ONLY)

## Section 1

SECTION I: Membership Information					
2 Please check one: Completed by <input type="checkbox"/> Retiree <input type="checkbox"/> Survivor <input type="checkbox"/> COBRA Participant					
Last Name DOE		First Name JANE		M.I. A	Social Security Number XXX-XX-XXXX
Street Address ADDRESS			Apt.	Date of Birth XX-XX-XXXX	Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female
City ADDRESS	State ADDRESS	ZIP Code ADDRESS	Contact Phone Number (XXX) XXX-XXXX	Alternate Phone Number (XXX) XXX-XXXX	
Email Address					
4 Marital Status (check one) <input type="checkbox"/> Single					
<input type="checkbox"/> Married, date of marriage _____ <input type="checkbox"/> Divorced, date of divorce/legal separation _____ <input type="checkbox"/> Widowed, date of death _____					
<input type="checkbox"/> Domestic Partner, date of registration _____ <input type="checkbox"/> Domestic Partnership Terminated, date of termination _____					

- 2 Check the appropriate box (**one box only**).  
*COBRA participants: Check **only** the COBRA participant box. You should have received a packet with additional information.*
- 3 Fill in information where requested.
- 4 Check the appropriate marital status box and fill in dates where requested.

## Section 2

### SECTION II: Reason

- ☐ **New enrollment** (Go to Sections 3 and 4)
- ☐ **Change dental plan** (Go to Sections 3 and 4)
- 5 ☒ **Cancel dental/vision coverage** (Go to Section 4)
- ☐ **Add family member** (Go to Section 4)
- ☐ **Delete family member** (Go to Section 4)
- ☐ **Moving out of service area** of Cigna Dental HMO
- ☐ **Name change:** Former Name \_\_\_\_\_ (write new name in Section 1)
- ☐ **Address change:** Former Address \_\_\_\_\_ (write new address in Section 1)
- ☐ **Re-enrollment for** (check all that apply):      ☐ **Surviving spouse**      ☐ **Domestic partner**      ☐ **Dependent children**  
Name of Deceased Retiree \_\_\_\_\_ Social Security Number \_\_\_\_\_
- ☐ **Other:** Explain \_\_\_\_\_

5 Select Cancel dental/vision coverage box.

*You do not need to complete Section 3. Go to section 4.*

## Section 3

### SECTION III: Dental/Vision Plan Information

Please check the boxes that apply to you:

Plan	Who Will Be Covered	
<input type="checkbox"/> I wish to enroll in the <b>Cigna Indemnity Dental/Vision Plan</b> .	<input type="checkbox"/> Myself	<input type="checkbox"/> Dependent(s)
<input type="checkbox"/> I wish to enroll in the <b>Cigna Dental HMO/Vision Plan</b> .	<input type="checkbox"/> Myself	<input type="checkbox"/> Dependent(s)

6 DOE JANE A XXX-XX-XXXX  
Last Name First Name M.I. Social Security Number

6 On the top of page 2, be sure to provide your last name, first name, middle initial, and Social Security number in the space provided.

## Section 4

### SECTION IV: Family Information

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Please provide the requested information for yourself and all covered dependents.

Relationship	Last Name	First Name	M.I.	SSN	Date of Birth	Sex (M/F)	For Cigna Dental HMO select a dental office		Dental/ Vision Coverage
							1st Choice	2nd Choice	
Retiree/ Survivor						<input type="checkbox"/> M <input type="checkbox"/> F	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>	<input type="checkbox"/> Yes <input type="checkbox"/> No
Spouse/ Domestic Partner*						<input type="checkbox"/> M <input type="checkbox"/> F	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>	<input type="checkbox"/> Yes <input type="checkbox"/> No
Dependent Child**						<input type="checkbox"/> M <input type="checkbox"/> F	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>	<input type="checkbox"/> Yes <input type="checkbox"/> No
Dependent Child**						<input type="checkbox"/> M <input type="checkbox"/> F	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>	<input type="checkbox"/> Yes <input type="checkbox"/> No
Dependent Child**						<input type="checkbox"/> M <input type="checkbox"/> F	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>	<input type="checkbox"/> Yes <input type="checkbox"/> No

\* To cover your eligible spouse/dependent children/domestic partner, you must provide the original marriage certificate/birth certificate/Certificate of Registration of Domestic Partnership from the State of California. After verification, the original will be returned to you.

\*\* Please attach a copy of legal document for your adopted children.

☐ Please check here if you or eligible members of your family are currently patients at any of the dental offices selected above.

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Provide the requested information for yourself and all covered dependents (last name, first name, middle initial, Social Security number, date of birth, and sex).

## Section 5

### SECTION V: Read and Understand/Authorization

I understand that any dispute, including dental malpractice claims, between me (or someone with a relationship to me) and Connecticut General Life or Cigna Dental Health, their contracting providers or the dentists or employees of any of them, may be subject to the grievance procedures outlined in my Plan Booklet.

I hereby enroll for the Dental and Vision Coverage indicated above. I authorize the Los Angeles County Employees Retirement Association (LACERA) to make the necessary deductions from my retirement warrants for any contributions required of me and to send these contributions to the company chosen by me. I understand the LACERA Board of Retirement reserves the right to amend, revise, or discontinue these plans and programs at anytime.

**I UNDERSTAND THAT IT IS MY RESPONSIBILITY TO REPORT ANY CHANGE IN THE ELIGIBILITY OF MYSELF AND/OR MY ELIGIBLE DEPENDENTS TO LACERA IN WRITING WITHIN 30 DAYS OF THE CHANGE.**

I also understand that all of the benefits of these plans are coordinated with benefits provided by any other group, hospital or medical benefit or service plan, including Medicare.

I hereby authorize any dentist, oral surgeon, practitioner or other person, any hospital including any medical service organization, insurance company or any other institution to release to each other any healthcare or other information about me or my dependents, including benefits paid or payable, on any sickness or illness that I now have or may sustain. I further authorize Connecticut General Life or Cigna Dental Health to release any records, data or information concerning me or my dependents to its designee for purposes of plan administration and customer service.

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Signed \_\_\_\_\_ Date \_\_\_\_\_

*Your signature or signature of guardian, conservator or power of attorney\**

Your Spouse's/Domestic Partner's Signature \_\_\_\_\_ Date \_\_\_\_\_

*Your spouse's/domestic partner's signature or signature of guardian, conservator or power of attorney\**

\* If this is submitted by a guardian or conservator, please attach the legal document establishing guardianship, conservatorship or the power of attorney to this form. Keep the last copy for your records. Return the top copy along with any other appropriate forms to LACERA.

**8** Sign and date cancellation form. *Your completed form must be **physically signed**. No electronic signatures are accepted at this time.*